



Long Term Care University

Long Term Care University – Question of the Month

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Q: Some insurance companies offer Partnership Qualified long term care insurance policies. Can you explain what that means, what advantages it may provide and details on the New Hampshire Long Term Care Insurance Partnership Program?

The Problem – Limited Long Term Care Insurance Benefits, Limited Medicaid Benefits and Limited Medicare Benefits

Most long term care (LTC) insurance policies provide a limited amount of benefits. Even lifetime benefit policies generally have a daily, monthly or annual limit. The cost of long term care after a policy has been exhausted can be financially devastating for you and your family. To compound the problem, assistance in the form of Medicare is limited to those who have been hospitalized and only then will Medicare pay for care in full for up to 20 days. To further compound the problem, assistance in the form of Medicaid is generally limited to the impoverished.

The Solution – Partnership Qualified Long Term Care Insurance Policies

The Partnership Program is based on the Robert Wood Johnson Foundation program called the Program to Promote Long Term Care Insurance for the Elderly, initiated in 1987. Today, a Partnership Program is a “partnership” between a state, an insurance company and state residents who buy long term care Partnership policies. With a Partnership Qualified policy, you can apply for Medicaid with ‘asset disregard’. This allows you to keep assets that would otherwise be disallowed. In almost all states that have Partnership Programs, the amount of assets Medicaid will disregard is **equal to the amount of the benefits you actually receive** under your LTC Partnership Qualified policy. This type of disregard is often referred to as **Dollar for Dollar**. So, you can qualify for Medicaid without being impoverished. Almost all states (including New Hampshire) participate in the National Reciprocity Compact for the granting of Medicaid Asset Protection for states with Partnership for Long Term Care programs.

The New Hampshire Long Term Care Insurance Partnership Program

Let’s say you are a 50 year old New Hampshire (NH) resident who purchases \$473,040 (the average rate of a private nursing room for an average three year stay in NH in 2024) of insurance coverage through a NH Long Term Care Partnership Program Qualified policy. When you need care at age 80 the policy actually pays for \$1,148,184 of tax free care (due to 3% compound inflation protection). Regardless of the premiums you paid, under the New Hampshire Long Term Care Partnership Program you would then have \$1,148,184 (plus an additional \$2,000 that is provided to all NH residents) of assets protected from New Hampshire Medicaid and states that participate in the National Reciprocity Compact. Thus, the New Hampshire Long Term Care Partnership Program provides **Dollar for Dollar** asset protection. With this example, you could qualify for Medicaid without being impoverished and keep \$1,150,184 of your assets. However, your income is considered in determining your eligibility for Medicaid.

Long term care costs in NH have been increasing at an average annual rate of 2% to 4% for the last 15 years. Long term care costs across the U.S. have been increasing at an average annual rate of 2% to 4% for the last 15 years. The NH Long Term Care Insurance Partnership Program has **inflation protection** requirements, designed in part to protect the policyholder and in part to protect the state’s Medicaid program. Let us not forget, this is a Partnership Program. Those requirements are as follows:

- If you are younger than **61**, your plan must include a **compound inflation protection or Consumer Price Index [CPI] inflation protection**.
- If you are age **61 to 75**, your plan must include **some level of inflation protection**.
- If you are **76 or older**, your plan does not need to include inflation protection. **However, you can select an inflation protection option and still qualify.**

Action Step – Purchase an New Hampshire Long Term Care Insurance Partnership Program

When you purchase a New Hampshire Long Term Care Insurance Partnership Program Qualified policy, you gain the safety of long term care insurance and the peace of mind provided by asset protection.

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